Greater Milwaukee Central Office

Welcoming Newcomers and Aiding AA Groups In Our Community."

"BETWEEN-US"

Vol. 28 Issue 1 January 2020

Dear Subscribers and Readers,

We truly appreciated your support, these past years. Our hope is that you have enjoyed and found the Between-Us Newsletter informative and entertaining.

As time and technology have moved forward, it is now time for us to do the same. Due to the high cost of printing and postage and the low number of subscriptions (184), changes should be made.

Effective January 2020, we will no longer be offering mail service for our Between-Us delivery. We will be emailing a copy each month to whomever would like to receive it, at no charge. You will be free to print a "hard copy" for distribution at your group. Also, you can "forward" the email to all of your interested

friends and group members. This eco-friendly mode of distribution will help save money and the environment.

Those of you who do not have email can pick up a printed copy at the Central Office, for 25¢ a copy.

If you are interested in having the Between-Us emailed to you, please send contact information to Dan at: dan@aamilwaukee.com.

For anyone or group that has already paid for the year 2020, please contact Dan at 414-771-9119 or email: dan@aamilwaukee.com for more information.

Sincerely,

Milwaukee Central Office Board of Directors and Staff

HOPE AFTER STEP ONE

The Big Book tells us that alcoholics drink because they are "restless, irritable and discontented." (xxvi) Well, that wasn't me! I even drank when everything was hunky dory. I recall a time, back in the 1950s, arriving home from a joyous visit with my lovely girlfriend at a nearby college and not having drank a drop. I was as exuberantly happy that a young man might be! However, I became "boiled as an owl" that night before the bars closed. Happy or otherwise, there was a mental obsession that decided when or if I would drink—the Big Book tells us: "Alcoholics have lost choice

in the matter of drink." (p. 24). So long as that demon (I refer to is as a drunken monkey) remains active in my noggin, I am sure to drink again.

This episode took place during the 1950s when I still had sufficient willpower to choose to go home directly after 'motel-time' was announced at the bar. However, that was not to be the case as years passed. The Big Book tells us that real alcoholics have a *progressive* physical condition (allergy) which destroys their ability to control how much they drink after they once start. During the 1960s, I became an

avid attender of Los Angeles theater where they offer cocktails during intermission. Yet, I had learned, through torturous experience, that if I drank just one of those tempting devils, I was doomed to think of little else till I got to the nearest bar. My expensive evening at the theater would be ruined! Positive proof e that the good doctor Silkworth rightly described the physical allergy. (p. xxviii)

So, I was powerless over alcohol both before and after my first drink, and though I have been sober for a fairly long time, if I imbibe just one shot of whisky this evening, I may not be able to stop drinking for several days. My physical allergy landed my in several drunk tanks, through twenty-eight years of inebriated living and lost more jobs for not showing up than I can remember. However, that doesn't amount to a hill of beans so long as I don't take that first drink—and this won't be necessary so long as I remain in a "fit spiritual condition." (p. 85) I trust God will keep me safe from that drunken monkey so long as I live in accordance with the Twelve Steps.

Bob S, Richmond, Indiana

Reprinted with permission, Robert Stonebraker December 2019, Richmond Indiana



Greater Milwaukee Central Office AA Profit & Loss Prev Year Comparison October through November 2019

	Oct - Nov 19	Oct - Nov 18	\$ Change	% Change
Ordinary Income/Expense	-			.Y
Importe				
4000 · Literature Sales	23,283.29	20,206.83	3,076.48	15.23%
4050 · Between us	165.75	449.25	-283.50	-63.11%
4070 · Contributions	13,158.24	12,378.81	779.43	6.2%
4989 - Gratitude boxes	73.75	43.00	30.75	71.51%
4890 - Open Meeting / Dinner	0.00	2,525.00	-2,525.00	-100.0%
4100 - Memorials	0.00	50.00	-50.00	-100.0%
4130 - Personal Contri.	285,11	134.31	150.80	112.28%
4150 - Other Income	252.40	803.52	-641.12	-71.75%
4170 · Interest Income	0.00	506.43	-506.43	-100,0%
4190 - Discrepancies	~162.B0	0.00	-18280	-100.0%
4600 · Merchandise Sales	0.00	0.00	0.00	0.0%
4830 · Sales Discounts	10.00	20.00	-10.00	-50.0%
48900 - Shipping and Delivery Income	276,29	115.62	150.67	138.96%
Total Income	37,342.03	37,322.77	19.28	0.05%
Cost of Goods Sold	14,029.41	12,225.02	1,80439	14.76%
Gross Profit	23,312.62	25,097.75	-1,785.13	-7.11%
Expense				
51100 Freight and Shipping Costs	261.97	247.63	14.34	5.79%
59900 - POS Inventory Adjustments	-7.37	-10,91	3.54	32.45%
6000 - Advertising and Promotion	1,062.50	0.00	1,052.50	100.0%
6045 - Coffee/Soda/Candy Expense	138.13	154.36	-16.23	-†0.51%
6050 - Credit card fees	323.50	191.02	132.48	69 35%
6170 - Computer and Internet Expenses	281.00	0.00	281.00	100.0%
6200 - Conferences & conventions	50.00	100.00	-50.00	-50.0%
6345 - Open Meeting/Dinner	0.00	3,892.90	-3,692.90	-100,0%
6500 - Office	7,115.68	5,611.62	504.08	7.62%
6600 · Payroll	15,339.69	17,051.76	-1,712.07	-10.04%
66900 Reconciliation Discrepancies	-21.05	0.00	-21.05	-100,0%
Total Expense	24,544.05	28,038.38	-3,494.33	-12,46%
Net Ordinary Income	-1,231.43	-2,840.83	1,709.20	58.12%
Other Income	5.00	0.00	5.00	100.0%
Net Other Income	-1,226.43	-2.940.63	1.714.20	58.29%

Account Balances:

Checking: 7,514.53 Savings Account: 50,998.48 Prudent Reserve: 163,805.25 What is the Prudent Reserve?

The A.A. guideline document produced by A.A. World Services, Inc., suggests a prudent reserve for a central office or intergroup be fixed somewhere between one and twelve months' operating expenses. The prudent reserve is not available for everyday use. It is only meant for startup and twelve months of operating expenses, in an emergency situation.

The Deaf Access Committee needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email DAC at: milwareadeafaccess@gmail.com

Deaf Access Committee (DAC) November 2019

Balance: \$8,651.19 Contributions: \$1,300.76 Interpreter: \$1,120.00 Awareness Event

Expenses: N/A
Donations: N/A

Annual Cost of interpreters for 3 meetings a week @\$160 per meeting is \$24,960 Leslie P. with questions:

eclvr@wi.rr.com

Secretary Meeting December 10, 2019

Groups represented: Gp 22, Gp 48, Gp 100, Another Chance Tue Night, Big Book Readers, Early Bird Rogers, Gratitude Gp, Mayfair Ladies Mon/Fri Gp., New Beginnings Oconomowoc, Pow Wow Gp, Restore U to Sanity, Serenity In the Woods, Sun Night Grapevine, Thinking Outside the Bottle, Trust Through Fellowship, Tuesday a.m. Big Book/12x12 Study, Wanderer's, and Way of Life Gp. Only 17 groups were represented. I'm sorry if I have missed anyone that was in attendance.

Nancy S. opened the meeting at 7:00 p.m. with a moment of silence followed by the Serenity Prayer.

Bank Balances on left of this page.

New secretaries introduced themselves, and made announcements.

ALL MEETINGS listed in our meeting directories should routinely contribute to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Between-Us monthly Newsletter is free for all through Email. New subscribers should send an email to: dan@aamilwaukee.com.

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or more if you'd like - and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5). Some in-office hours available now. You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Nancy or Dan.

Gratitude Boxes: All groups should have received the boxes, to pass at the Nov/Dec meetings. Please return the boxes or the contents to Central Office in January. You may, if you wish, open the box and send a check for the amount in the box. Please include the group Name and ID number, on the check.

The meeting closed with the Lord's Prayer at 7:30 p.m.. Next meeting is January 14th, 2019, at 7 p.m.

Meeting Space Available

- •St Martin Mission Church, 29th and Lincoln Ave, Milwaukee. Contact: fr.stevenblock@yahoo.com or call 262-510-7400 (Fr. Steven) for more information.
- •Christ United Methodist Church, 5200 S 48th St. Greenfield WI 53221. Wheelchair accessible space available. Contact: Jo, 414-421-0202 or email: christumc1@sbcglobal.net

2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,

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Seventh Tradition Checklist



DISTRICT MEETINGS CORRECTIONAL INSTITUTIO

DISTRICT INFO ON THE WEB:

https://www.area75.org/page/districtmeetings

- 1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA:
- 8 & 30 ROCK; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK;
- 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

- 3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- **6.** WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan
- 7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.
- 10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.
- 11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,
- 12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037
- 13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- 14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226
- 16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Áve.
- 17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine
- 23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- 24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon
- 25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac
- 27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222
- 28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207
- 29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- 32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.
- 34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls
- 36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington
- 38. MILWAUKEE CNTY (1of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

TAYCHEEDAH CORRECTIONAL, Meetings are held 1st, 2nd & 4th Tuesday and on the 3rd Thursday at 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford, No

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAINE CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION AA Meeting Sat., 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milwaukee

Milwaukee Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 6:30 p.m. on the 2nd Wednesday every odd numbered month at All Saints Cathedral, 818 E. Juneau, Milwaukee WI 53202. Donation should be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Call coordinator: Steve F at 928-710-7643, email: mccccoordinator@gmail.com with auestions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI, Calendar of Events 2020 Madison Senior Center, 330 W. Mifflin St., Madison, Held at Senior Center except where otherwise noted.

- Jan. 26, 2020, Assembly
- Mar. 08, 2020, Delegates Workshop
- Apr. 05, 2020, Assembly
- Jun. 28, 2020, Assembly
- Sep.13, 2020, Assembly
- Nov. 6-8, 2020, Conference Area 75 Holiday Inn, Manitowoc WI

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office: G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163
- Area 75 Corrections, or Bridging the Gap or Treatment write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- •Milwaukee Deaf Access Committee: Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982,

Waukesha WI 53186

JOIN the BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year of Sobriety- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also! Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month. Just fill in the form below and mail, with your donation, to: Payable to: "Greater Milwaukee Central Office" Memo: Birthday Club 7429 W Greenfield Ave West Allis WI 53214 enclosed. I will have years on / / . Address City State Zip Phone: () Email:



ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Call before you come 414-771-9119

MILW. CENTRAL OFFICE

 E-mail us at: dan@aamilwaukee.com

Home Group:

- Hours: M, W, Th, Fr 9 a.m. to 5 p.m. Tuesday 9 a.m. to 6 p.m., (until 7:30 p. on 2nd Tues. each month) Sat. 9 a.m. 1p.m.
- **G.S.R. Orientation,** 2nd Tuesday 6:30 p., call first.
- **Secretary Meeting**, 2nd Tuesday 7:00 p.
- Board of Directors Meeting, Wed. following Secretaries Meeting, (odd numbered months) 6:30 p.
- A. A. Meetings, Mon Fri at 12:15 p., Wed. & Thur at 4 p., Sat. 9:15 a., & 10:30 a.
- Service Manual Study: 2nd Thurs. of month at 6 p.m.
- **Dist. 14,** 4th Wed. at 7 p.m.
- Dist. 16, 1st Wed. at 6 p.m.
- www.aamilwaukee.com

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- •GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8: p.
- •GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- •GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SERVICE MANUAL STUDY, 6 p.m. 2020 Schedule: April 9, May 21, June 11, July 9, Aug 13, Sept 10, Oct 8, and Nov 12, Dec no meeting.

Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214

Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.

Contact: Nancy H at 414-801-5184 with questions.



THE MEETING AFTER THE MEETING

An important 12-Step opportunity!

Bill W. wrote in an AA pamphlet: "Sobriety—freedom from alcohol through the teaching and practice of the Twelve Steps—is the sole purpose of an AA group." I

believe this means my home group has further purposes than simply presenting its regular weekly meetings. One of these must be the "Meeting after the meeting." What better time might be to discuss the Twelve Steps with a newcomer, or even with a more seasoned member?

Many years ago, a certain new person mentioned that he was unable to go ahead with the steps because of his

negative spiritual beliefs. After the meeting, we had a rather long talk which resulted in him taking a more fruitful view of a higher power—soon thereafter, we went through the AA step process; he later he finished a college degree to become an enthusiastic and well-liked alcoholic counselor, directing countless alcoholics toward the blessings of Alcoholics Anonymous. This took place nearly forty years ago, but what if "*Motel time*" (AA slang for we're closing: *right now!*) would have been announced before that crucial conversation?

Local AA history: Oldtimers have reported that during the early years of AA, donuts were a "must" at a certain meeting. However, these tempting goodies were not served till *after* the meeting. This was to intercept the newcomer from directly marching out the door after the Lord's Prayer, as newbies are wont to do. One member of that group would hang around the clubhouse till the bars closed and then go to a nearby hamburger joint where all the late-night drunks would hang out and talk AA to drunks. Meeting after the meeting, indeed!

Many of the 90-minute meetings in the Los Angeles area had short mid-meeting breaks in order to greet the newcomer; perhaps to invite them out for coffee. Also, after the meeting is a good time to introduce newcomers to AA literature—they could then be introduced to the most appropriate booklet. Of course, this could erupt into a changing of phone numbers and invites to other AA meetings, or even lead to sponsorship!

I say, let us leave "*Motel time*" to the bars! Bob S., Richmond, IN

Reprinted w/permission "Robert Stonbraker, Richmond IN.

Return to Bourbon St.

For years, New Year's Eve was a drunken blur. Now that she's sober, she can remember it. New Year's Eve was my favorite holiday to get drunk because everyone around me had the same goal—or so I thought. Every New Year's Eve, I'd convince myself that it was completely normal to get drunk. And each year, the next day I would always make a resolution to drink less and less often. However,

every year I drank more and lived with those old feelings of guilt and shame, which only grew throughout the year.

I grew up in East Tennessee, and football and drinking went hand-in-hand. The ultimate goal was seeing our team win the Southeastern Conference (SEC) Championship and an automatic bid to the Sugar Bowl, which was held on New Year's Day in New Orleans, Louisiana.

What I loved about New Orleans was that you could drink in public! Stories of good friends and family celebrating there for the

New Year were always filled with drinking. It was an alcoholic's dream, walking up and down Bourbon Street with a rum-infused hurricane drink in hand.

My first visit to New Orleans was as a recent graduate of my university. Our university team was set to play a team from a neighboring state, which was a member of the Atlantic Coast Conference (ACC).

The ACC team wore coats and ties versus our "loud and proud" approach that included team colors on every piece of clothing, even our shoes. My entire family met in New Orleans to watch our team play in the Superdome on New Year's Day. In the bar with my family, there were more "coats and ties" fans than "loud and proud" fans. A couple of us started talking to fans from the other team and quickly drank them under the table. In other words, we beat them. My alma mater went on to barely win their game New Year's Day, more reason to celebrate on Bourbon Street.

Nearly a decade later, I was in the military, stationed overseas during the first New Year's Day of the 21st century. The Y2K scare filled the air back then and my military friends were hosting a New Year's Eve dinner. Luckily, the village fireworks at midnight ended up being the only craziness that night. Our phones and computers still functioned. The world didn't end. I knew this year would be different since I was having a period where I was drinking "normally" for a while. I had convinced myself I was not an alcoholic.

Almost another decade would pass until my last New Year's Eve before coming into AA. I was now back in the States. It was a typical military party, a bunch of us friends having a big dinner to celebrate. There were so many choices for alcohol because these friends had been overseas—European beer and wine, in addition to champagne for midnight, flowed freely. My husband at the time, who drank just one—even on New Year's Eve!—was my desig-

(Continued on page 12)

Sincerely in AA

FIFTEEN trips in and out of State Hospitals. Many short-term hospitalizations and jail sentences. Time involved: eleven years. Present status: *Hospitalized*. Reason: *Chronic Alcoholism*. At the age of thirty-one this is my life in retrospect. But now I know the reason I was unable to find the sobriety I had wanted in AA. The reason, I found, came to me only a week ago and I would like to share this experience with you.

During past years I had been exposed to good solid AA. Yet somewhere I was in error. I had even come to the point where I believed whole-heartedly I was of that small percentage who pathologically could not find sobriety, even though I wanted it desperately.

As an alcoholic kid just out of the Navy I had sought out AA through a friend whom I knew had been hell on wheels with a bottle, but had recently sobered up. He suggested I go along with him and in a few days I found myself at my first AA meeting.

As I look back I do not feel I was trying to placate my family or friends. Even at that age and with only three or four years of drinking behind me I was looking for something--something one does not seem able to measure until he has had an experience in AA.

Whenever I drank I was a hospital case unless the police saw fit to cut short my drunks. As time went on my periods of active alcoholism shortened as the periods of sobering up in painful stages lengthened.

I thought: Where am I wrong? I see AA working for people who are staying sober by sharing their experiences with me and others in the room who are suffering. What have I missed while in my agony?

During a particular hospitalization of about six months' duration, I kept at the Big Book, *The Twelve Steps and Twelve Traditions*. I read and reread all the literature I could find. I attended weekly AA meetings at the hospital. I was made secretary and tried to keep active.

Upon release I obtained employment in an institution at which there was a very active AA group. By somehow piling up three months of sobriety there, I was made secretary of the group. Three or four meetings a week in and around the county was my AA speed. By staying sober I was advanced in my job. My wages were increased and more responsibility was given to me.

Three months later, drunk, sick, and emotionally out of control, I was rehospitalized again. As I sobered up physically I tremulously sought out the help of AA, working through the gloom of familiar alcoholic depression.

This pattern has continued the past years though I continued to seek out the help of AA time and time again. I had gone through the pattern of blaming everything and everyone. Over and over I had gained confidence in many things only to lose hold of them through the bottle.

Last week hope came to me in a letter from a fellow who had spoken at one of our regular weekly meetings of the hospital group. I had requested copies of two poems he had used in his talk and he, in typical AA fashion, sent them to me, along with a short note saying he would enjoy hearing from some of our members.

This note showed me the reason I repeatedly failed when it came to finding sobriety in AA. There was nothing profound about it, though I appreciated it as a wonderfully typical AA gesture. For some reason, and I care to think of it as spiritual, I reread the note and like a flash four words bolted from the page.

He had signed it, *Sincerely in AA*. He meant exactly that. I had heard him talk and nailed him in conversation after the meeting. He was AA.

Had I been *sincerely in AA* over the years? Even though I had gone through many motions and had been active many times, I had not been *sincerely in AA*. I had left some part of me out and it certainly has been expensive to me and those I love.

Left out had been the practice of thinking, eating, and sleeping AA in all my affairs.

In just the time it takes to read the last few paragraphs I had come to know and believe that as alcoholics we cannot leave any part of us out of AA if we are to remain sober.

Last night I went to our weekly meeting and I felt for the first time I was *sincerely in AA*. Thank God.

-- E. B. New York

Reprinted with permission AA Grapevine, Inc January 1950

OPEN SPEAKER MEETING

Come and join us for FOOD, FELLOWSHIP, & SPEAKERS

A Vision for Us Group
Greater Milwaukee Central Office
7429 W. Greenfield Ave.
West Allis, WI 53214
10:30 – 11:30 a.m.
Saturday, January 11, 2020

Coffee, water, ham, and rolls will be provided.

Please bring a dish to pass (optional).

AA Speakers: Manreen L. and Scott L.

Report From the North

WE are on a construction project outside the continental limits of the United States. For security reasons the location is a military secret at present. On July 1, 1951, five men met in the mess hall and started an AA group. All of us were members at home and realized the need of continuing our AA affiliations. We come from all sections of the United States---New York, California, and the middle west--with periods of sobriety ranging from six months to six years. Since the first gathering about 15 more AAs have been contacted and the group is progressing in true AA tradition. It is refreshing to note that these men in a rough construction camp in a very rugged country realize the need for outside help in their daily life.

The financial inducement is primarily responsible for most men signing up on foreign work projects of this kind. However, it is evident the AAs up here have a broader objective. Money, yes; but also the desire to improve themselves spiritually, mentally, and morally. Without the AA philosophy a group such as this could never be formed. There is no club over anyone's head--no wife, doctor, or boss to crack the whip of sobriety. The immediate problem is temporarily removed, so it's easy to become self-reliant and to forget the headaches of drinking-days. It is evident our AA experience is a constant reminder wherever we may be.

The only remuneration for attendance at meetings is a better understanding of our problem and ourselves, and a chance to do something about it. With us it is not so much where we came from but where we are going. No matter what position we held in life and society, each day we all start from scratch, asking a power greater than ourselves for guidance in carrying out our daily duties. May we all be reminded of Shakespeare's words:

To thine own self be true, and it must follow, as the night the day, Thou canst not then be false to any man

-- G. F. B.

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Once Upon Her Time

SHE's very short. . . it's such a short time ago. . . and just a short story very much like many older and longer ones, I guess.

It's a sort of "nobody but me" story. Its beginning was when she was just twenty-one, and the new girl at the ticket window.

Nights, she worked. Four to ten, that is. At ten they'd all go across the street, the whole ticket window gang. It was too late for shows, dinner they ate in, and too early just to go home. She had never had a drink before, not really. But when you're short, and new, and anxious to belong, you have to show them. . . and show yourself. . . that you can take it.

After all, she thought, it can hurt nobody but me.

At the end of a year the gang told her to take it easy. . .switch to beer, kid. . .it don't work for you like it does for us, this hard stuff. At the end of two years easy-going Joe from window #5 called her "an alcoholic" one night. Her fifteen minute relief periods she was down in the station cafe bolting a few. Pretty soon she was asking for emergency work breaks that were just time for two. Pretty soon they weren't asking her to come along when work was over. No one was seeing her home. No one was seeing her when they could help it.

After all, she found, there's nobody left to drink with. . . nobody but me.

She can't really remember who first got AA planted in her infrequent thoughts. So many, all of a sudden, told her she ought to. . .and somehow she did try AA. Seven meetings a week, sponsors and sponsors, speeches and speeches. . .and physical sobriety. Lost pounds coming back, memory lapses further apart, food looking good enough to actually eat. . .and physical sobriety rolling up day unto day.

But it was a dim way. She worked days now, and took the meetings in stride, all right. It was the stuff you heard there! Power greater than myself was just God-stuff dressed up. There must be churches for that stuff. Take an inventory. Well, trying to find out who got her down as far as she was. . .that was inventory enough for her. Help somebody else with this message. .when she couldn't even help herself

Eight months of it, dry as a new wash cloth, and it wasn't really this AA business that was keeping her from the drink.

After all, she reasoned, no one else got me sober. . .nobody but me.

But after the *big slip* somebody but her did help her come back. A lot of somebody people. . .and this time she was too licked to do anything but listen. She sat sort of limp, but little by little she tried learning and leaning on what she learned.

It's easy to mark the twelve steps she took, just like you'd mark twelve miles on a map or twelve marks on a calendar. A power greater than herself. . .well you saw and felt the shine of the time that she came to believe that. And the inventory. . .well, I think the whole group sensed when she was doing that, and I guess a lot of us started looking our own inventories over again just from that feeling about her that we got.

The twelfth step. . .well, there aren't many gals in our group to help their sisters out. We don't need many, not with Shorty around. Take, for instance, the case we heard about last night that needs help. Who would do it. . . ??

After all, she told us, who should. .why nobody but me.

-- A. L., New Jersey

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NEW DAY CLUB

11936 N. Port Washington Mequon, (262) 241-4673

A.A. MEETING SCHEDULE

8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic

12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 7:00 p. Mon.

8:15 p. Men's Gp 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp

10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline

Topic Meeting Women's AA Gp Topic Meeting 10:00 a. 5:30 p. 8:00 p. Topic Meeting Step/Tradition

10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People

Saturday of month only)

AL-ANON MEETINGS
Monday 6:30 p. Al-Anon
Tuesday 7:00 p. Al-Anon
Thursday 7:00 p. Al-Anon

Contact club for info on other fellowships.

PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 LAKE AREA CLUB N60 W 35878 Lake Dr

Oconomowoc WI (262) 567-9912

A.A. MEETING CHEDULE

8:00 a. Early Bird 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Stdy Mon. Tue.

1:00 p. 4:00 p. 7:00 p. Life House Wed.

8:00 a. 10:00 a. Back To Basics 1:00 p. Women's Meeting 6:00 p. 8:00 p.

10:00 a. 4:00 p. 6:00 p. Women's Group 8:00 p. Grapevine Mtng Thr.

12:30 p. 4:00 p. 6:00 p. Non-smoking 8:00 p. Old School House

AL-ANON MEETINGS

8:30 a. 11th Step 10:00 a. Big Book 5:30 p. Perfect Time B/B

7:00 p. Al-Anon 9:00 a. Al-Anon 7:00 p. Al-Anon

OPEN SPEAKER MEETING 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers) WAUKESHA ALANO CLUB

318 W. Broadway Waukesha, WI (262) 549-6541

A.A. MEETING **SCHEDULE**

Sun 9:30 a Sun Morn Sunlite 11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday & Breakfast)

7:00 p. (Open Step Gp)

Mon. 12:00 Noon 6:00 p. Beginners AA

7:00 p. (12 & 12) Tue. 12:00 Noon

Wed. 12:00 Noon

5:30 p. Topic Gp Thr. 12:00 Noon

12:00 Noon T.G.I.F. Gp Fri. 7:00 Topic Discussion Sat. 10:00 a. Gp 124 7:00 p.

Closed Meeting

OPEN MEETINGS, DANCES & EVENTS Call for information.

GALANO CLUB

- LGBT & All in Recovery -7210 W Greenfield Ave Suite 1, Lower Level Milwaukee, WI 53214 (414) 276-6936

http://www.galanoclub.org/

galanoclub@gmail.com

MEETING SCHEDULE

Sun. 10:30 a. Step Topic Mon. 7:30 p. Came To Believe

Tue. 6:00 p. 40 + Topic

Wed. 7:00 p. 12 x 12

Thurs. 7:30 p. Living Sober -ODAT

Fri. 7:00 p. Step/Topic

Sat. 7:30 p. Big Book & More

AL-ANON MEETINGS

10:30 a. Al-anon

Meeting Space Available See website for Club Events.

www.galanoclub.org

NORTHWEST ALANO CLUB*

N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

A.A. MEETING **SCHEDULE**

Sun. 7:00 p

7:00 p. Just Do It Gp 8:00 p. Action Gp Mon

10:00 a. Step Tue.

Wed. 7:30 p. Step/Topic

Thr. 10:00 a. Step 6:00 p. Women's

Fri 8:00 p. Step/Topic

10:00 a. Step 7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon

7:30 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

WALWORTH COUNTY ALANO CLUB

AL-ANON MEETINGS

Fri. Sat.

7:30 p. 10:30 a.

Sun. 1:00 a. Wed. 7:00 p. Thr.7:00 p.

A.A. MEETING SCHEDULE

8:00 a. Sun. Wake Up
8:00 a. 3 Legados (spanish)
9:30 a. Reliance Meeting

9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratifude Plus 7:00 p. Big Book Readers 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA 7:30 a. Comin'Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 7:30 p. Three Legacies

10:30 a. Reep It Simple
4:00 p. Drop the Rock
7:30 p. Three Legacies
7:30 p. Double Trouble DD/O
7:30 a. Big Book Study
10:30 a. Pass It On
4:00 p. Happy Hr Promises
5:30 p. Courage to Change
7:00 p. We, Us & Ours
7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
7:00 p. Gateway Topic Gp
7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow
8:30 a. Early Bird
10:30 a. Happy Joyous Free
8:00 p. Spanish Speaking
8:00 p. Spanish Speaking
8:00 p. Spanish Speaking
8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun

Thr

Fri

611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888

(202) 740-1000

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas
(Women's Step Group)
6:30 p. Delavan Men's Meeting
Tuesday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

12:00 Noon Ás Bill Sées It Gp. 6:30 p. Delavan IT Meeting Thursday AA 7:30 a. Sunny Side Up 12:00 Noon Delavan Noon Gp. 5:30 p. Step Sisters Women 6:30 p. Delavan Big Book Gp. Friday AA 7:30 a. Sunny Side Up 12:00 Noon Big Book Study 6:30 p. Delavan Discussion Saturday AA

Saturday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102

A.A. MEETING SCHEDULE

7:00 a. AA Meeting 1:00 a. As weeting 10:00 a. Gp 17 Step 1:00 p. Refuge Recovery 4:30 p. Life Savers Mon. 7:00 a. Early Morning

10:30 a. Gp 72 Topic 12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book 7:00 a. As Bill Sees It,

10:30 a. Gp 70 Step 12:15 p. Gp 76

7:00 p. Beginners, 1st Step Wed. 7:00 a. AA Women's meeting 10:30 a. Gp 9, Step 12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp

7:30 p. Yoga AA 6:00 a. AA

7:00 a. Big Book Meeting 10:30 a. Gp 97, Step 12:15 p. Here & Now Gp 7:00 p. Sober and Out 7:00 a. Daily Reflections 10:30 a. Gp 21, Step

12:15 p. Gp 65 6:30 p. Here & Now 11:59 p. Second Shifters (Sat.) 7:00 a. AA Meeting

11:00 a. Gp 87 Step 3:00 p. Spiritual Growth 7:30 p. Open Speaker 9:00 p. Here and Now AL-ANON MEETING

Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 http://howtoclub.info/

M, W, F, Sat. 9 a. -11 p, Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. AA Topic Group

8:00 p. Sun. Sober & Serene Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp

11:15 p. What's The Point 11:00 a. Willingness Group 6:00 p. Tuesday Non-Smoke 7:00 p. Deaf/Hearing Impaired 8:00 p. 12 & 12 AA Meeting Wed.1:00 a. Foundations Meeting 6:00 p. AA Beginners Gp.

7:00 p. Women's Freedom 8:00 p. Promises Group 11:15 p. After Hours Gp.

10:00 a. But For Grace Of God 6:00 p. 6 PM Here and Now 8:00 p. How To Get It Going 11:00 a. Priority Group

6:00 p. Big Book Group 8:00 p. R.U.S. For Us 11:15 p. Candlelight Promises 9:15 a. Men's Topic

11:00 a. Pioneers Group 6:00 p. 1st & 12 Topic *7:30 p. HOW To Saturday *(Open meeting on 3rd Saturday)

24 HOUR CLUB

153 Green Bay Rd. Thiensville, WI Web and Facebook Info

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic 10:00 a. Step/Topic

5:00 p. Step

Mon. 6:30 a. Topic 10:00 a. Topic

8:00 p. Men's

6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book

Wed. 6:30 a. Topic 10:00 a. Big Book

5:15 p. Women's 6:30 a. Topic

10:00 a. Topic 5:30 p. Step/Topic/Trad 8:00 p. Men's 12 & 12

6:30 a. Topic 10:00 a. Step/12 & 12 5:30 p. Principles 8:00 p. Step

6:30 a. Topic 8:30 a. Big Book /Steps

10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1st Saturday Only)

AA Groups Need Your Support

- Sundays at 6 p. Sense of Belonging Open AA, 11th Step prayer and Meditation, 4040 N Calhoun Rd. Brookfield WI 53005
- Wednesday 11 a.m. Gp10-17, St Veronica's 353 E Norwich, Milwaukee 53207

Thursday at 12:15 p.m. and Wednesday 5:30 p.m. St. John's

- Wednesday 6 p.m. Women's Big Book, Martin Luther Church, 9235 W Bluemound Rd. Milw. 53226
- Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202 Thursday 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave. 53213
- Friday at 7 p.m., NCIC Gp 24, NCIC Church 2328 W Capitol Dr, Milwaukee WI 53206
- Friday at 7 p.m. "Yes We Can AA Mtng" Brentwood Church, 6425 N. 60 St., Milwaukee WI
- Friday at 7 p.m. First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- Friday 9:30 p.m. Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- Friday 8 p.m. Candlelight, St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)
- Saturday 11 a.m. Big Book, St. Pius X Church, 2506 Wauwatosa Ave. Wauwatosa WI 53213

UNITY CLUB

1715 Creek Rd West Bend, (262) 338-3500 unityclub1715 തatt net www.facebook.com

AA MEETING SCHEDULE

Sun. 10:30 a.** Gratitude Gp. 8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's

Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp

Wed. 10:00 a. Promises 1:00 p. Steps/Promises 8:15 p. Step Gp

Thr. 10:00 a. Big Book 7:00 p. EZ Dozen12x12

10:00 a. Step/Topic Gp 8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now 7:00 p. Big Book **AL-ANON &**

ALATEEN MTNGS

9:00 a. Al-Anon Saturday 7:15 p. Al-Anon Thursday Open Mtng. Last Friday of

** Open Mtng. 3rd Sunday of month (10:30 a.m.)

FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee . WI

(414) 931-7033 Email:

friendshipinc@sbcglobal.net

MEETING SCHEDULE

Sunday

10:00 a. Friendship 11:00 a. Third Sunday Open Meeting

Monday

10:30 a. Step Gp Tuesday

> 7:00 p. Gp 43 Big Book

Saturday

10:30 a. Gp 112 Step

Call for information on other types of meetings.

Fmail:

friendshipinc@sbcglobal.net

12 STEP CLUB

4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610 Face Book Link

A.A. MEETING **SCHEDULE**

Wednesday:

11:00 a. Gp. 27

Friday:

11:00 a. Gp. 61(12x12)

Saturday:

10:00 a. Beginner's 7:00 p. Gp 6

Call the club for information on Open Speaker AA meetings, meetings for other fellowships and for special events.

MILWAUKEE GROUP 933 E Center St.

(River West) Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a Open (Disc.) 8:30 p. Big Book

Mon. 5:30 p. Big Book

7:00 p. Open (1st Step) 8:30 p. Topic

Tue. 7:00 p. Open (Topic) 8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book)

8:30 p. Topic

Thur. 6:30 p. Open (Topic)

8:30 p. Step

Fri. 7:00 p. Beginner's

8:30 p. Open (Big Book)

Sat 8:30 p. Topic

LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI

AA MEETINGS

6:00 p. Jim's First Step 7:30 p. Gp 78

Tuesday 6:00 p. 11th Step Medi tation Practice
7:30 p. Professionals
Wednesday
7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday 7:30 p. Alumni No 12

Friday 7:15 p. Gp 74

Saturday 10:00 a. Gp 59 7:00 p. Big Book Topic

Milwaukee Central Office 7429 W Greenfield

West Allis WI 414-771-9119

A.A. MEETINGS Mon. 12:15 p

Tue. 12:15 p **Wed.** 12:15 p, 4:00 p **Thur.** 12:15 p, 4:00 p Fri. 12:15 p Sat.

9:15 a, 1st Step 10:30 a We do not meet on major holidays.

NEW MEETINGS

Mondays 7:30 p.m. First Unitarian Society, 1342 N Astor St. Milwaukee, "We Agnostics".

Mondays 6:30 p.m. Uhles Cigar Shop (LL) 114 W Wisconsin Ave, Milw 53203. Cigar smoking allowed. No wheelchair

Mondays 7:00 p.m. St. Aidan's Episcopal Church, 670 E Monroe Ave, Hartford WI 53027

Tuesdays at 7:00 p.m. Lake Park Lutheran, 2647 N Stowell Ave, Milwaukee 53211

Tuesdays at 6:30 p.m., 12&12 Study, Cedar Springs Church, 3128 Slinger Rd, Slinger WI 53086

Thursday at 6 p.m., St Matthew CME, 2944 N 9th St, Milwaukee 53206

Fridays at 7p.m., Primary Purpose, St James Catholic Church, W220N6588 Town Line Rd, Menomonee Falls WI 53051

Saturday 7:30 p.m. 7210 W Greenfield Ave. West Allis 53214

DISBANDED GROUPS

Mondays at 7:00 p.m., Gp 29, met at St Catherine Church, 5101 W Center St. Milwaukee.

Tuesday 8:00 p.m. Treat Yourself Tue. Christ Church, 5655 N Lake Dr. Whitefish Bay WI

Tuesday 8:30 a.m. Home At Last, met at St Luke's Lutheran, 6705 Northway, Greendale Wednesday 1:30 p.m. Bridges of Milw. Rehab and Care Center, 6800 N 76th St. Milwaukee.

Wednesday 8 p.m. Menomonee Falls, Gloria Dei Church, W180N7863 Town Hall Rd.

OTHER CHANGES

Brookfield Unity, 4600 N Pilgrim Pkwy, Brookfield...previously Monday at 7:30pm. NOW starts at 7:00 pm.

1st 164 Big Book, Tuesdays in West Bend, now meets at 5th Ave Methodist Church, 323 5th Ave, West Bend 53095

WELL Beginners and WELL Big Book, Tuesdays in Wales, NOW meets at: New Vision Bretheren-Christ Church, N14W27995 Silvernail Rd, Pewaukee WI 53072

OPEN SPEAKER

Weekly & monthly speaker meetings listed in December 2018 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee WI, 53212

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday Open 11 a., Friendship Club, 2245 W Fond du Lac Ave, Milw

Sundays at 7:00 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

1st Tuesdays in Jan, Apr, July and October at 7:30 p. Acceptance Gp. First Congregational Church, 1111 N Chicago Ave So. Milwaukee.

Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

3rd Thursday, 7:30 p. St John Vianney, 1755 N Calhoun Rd, Brookfield WI

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

1st Saturday at 7:00 p. Dist.12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

3rd Saturday 7:30 p. HOW To Club 8930 W. National Ave. West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

Every Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: gmco@aamilwaukee.com, with changes

Greater Milwaukee Central Office AA Central Office Contributions November 2019

Group Name	Group #	Amount	Group Name	Group #	Amount
#008 Sane & Sober	12113	156.00	Mayflower, Salem Methodist Church	161712	55.80
#040 Mon Big Book	150771	102.00	Mon Independence	MIL-MH	101.56
#051 Sicker Than Most	114317	50.00	New Beginnings Mukwonago	120519	198.00
#07 4 Gp	159542	9.00	Oconomowoc Wed Get Over It	174427	50.00
#087 Early Risers	119029	24.00	Old School House Group 309	163906	72.00
#10 17	166036	30.00	Pell Lake Thr Big Book	177791	125.00
#134 Serenity Seekers	131081	100.00	Real Needs Real Help	715054	60.00
#140 Shorewood	138806	69.00	Reality Group	144329	9.00
#153 Gp	132869	50.00	Sat A.M. Here & Now	840450	45.00
#232 Gp	126832	100.00	Sat Mom Gp 10 A.M.	138045	74.00
A Vision for You Big Book Study	675262	200.00	Service Manual Study		11.00
Alpha Tue	114430	70.00	Sober Living Big Book Study	717750	25.00
As Bill Sees It Waukesha	177080	60.00	Stepping Into Promises Womens Gp	697077	80.00
Badger Gp	114429	750.00	Submission Group	156242	60.00
Beyond Human Aid (Tue/Thr)	713950	50.00	Sun Morning Big Book, Meno Falls	130926	100.00
Common Solution	704515	522.08	Sun Morning Hartford Gp	164282	61.16
Crocked Retreat		40.00	Sun Morning Wake Up	617656	77.40
Cross Roads Gp	119518	20.00	Sun Sober and Serene	628396	17.00
Early Bird	613662	60.00	TGIF Fri Noon Waukesha	128496	60.00
Early Bird Rogers Memorial	624742	37.69	Thr Simply Sober	714366	50.00
Early Bird Sun, Lake Area Club	132470	270.00	Thr Success Step	MIL-RB	90.01
First 164 Big Book Tue, Unity Club	719600	50.00	Today's Choices Gp	614204	50.00
First Step	635840	60.00	Tue Night Candlelight	632422	60.00
Fri Morning Gp 10 A.M.	138531	30.00	Tue Night Mukwonago	126398	186.50
Fri Night North Shore	137882	104.00	Tue Reflections	MIL-TH	114.00
Fri Noon 12 & 12	MIL-FB	117.80	Turning Point Sun Night	636637	60.00
Get A Life	MIL-WM	23.25	Twelve Promises Discussion Thr	MIL-RM	22.00
Impaired Professionals In AA	126056	117.00	Victory Group	163882	9.00
Into Action Sun Moming, Wauk.	616358	125.00	Walworth County Alano Club		600.00
Just Do II, Northwest Alano Club	174350	175.00	Wed 5:30 P.M. Topic	550225	36.00
Just For You	605030	9.00	Wed Afternoon Happy Hour	643772	50.00
Keep It Simple Sunrise Wed	670420	50.00	Wed Noon Lunch Bunch	690831	106.56
Koala Group	143751	116.00	Wind Lake Steps & Promises	698955	60.00
Lake Area Sat Morning Big Book	140606	90.00	Women's AA Gp	650509	20.00
Lake Geneva Kitchen Table	125465	50.00	Women's Big Book	697839	280.62
Living Sober Wed Night	673826	110.00	Written For Us	717556	90.00
Mayfair Ladies Mon & Fri	114336	120.00		Total	\$7,283.43

All the groups listed in your When and Where directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

ASL Interpreter Available: Meeting for Deaf and Hard of Hearing,

Tuesdays 7:00 P.M., H.O.W To Club, 8930 W National Ave. West Allis WI 53227

Redemptorist Retreat Center.

1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for reservations. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2020 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd. Oshkosh, WI 54901, call 800-962-7330 <u>iesuitretreathouse.org</u>

Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

Men: , May 7-10 2020, Dec. 3-6 2020. **Women:** May 14-17 2020, Aug. 20-23 2020, Nov. 12-15 2020, Nov. 19-22 2020.



International Convention **Alcoholics Anonymous**

July 2-5, 2020 | Detroit, Michigan https://www.aa.org/international-convention-2020

Love and Tolerance is Our Code 🔹 Amour et tolérance, vollà notre code 🔹 El amor y la tolerancia son nuestro Código

September 05, 2019

Dear Friends,

We're happy to announce that Alcoholics Anonymous World Services, Inc., is releasing Meeting Guide 3.0.

Meeting Guide is a mobile app focused on helping people find A.A. meetings and resources near them. The app has been updated to include some new features we're pleased to announce:

- Search Users will now be able to search for meetings by name or location
- Daily Reflections -- a selection of reflections by and for A.A. members

There are also enhancements we've made to existing features:

- More accurate locations for access to local contact information
- Improved user interface -- with a new menu bar and Contact feature.

Meeting Guide is available for iOS and Android smartphones. You can download it for free on the App Store or on Google Play.

Yours in Fellowship,

App Store



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nated driver. As we left the party in the wee hours of the morning, I remember being grateful he was willing to drive, as I was seeing blurry triple lines on the road. Again, I thought to myself, this year is going to be different.

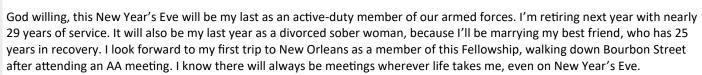
I went to AA and got sober in November of 2009. I'm so grateful I got sober in a large city with a big family-friendly, alcohol-free New Year's Eve celebration called First Night. My first sponsor invited me to join her there with a group of sober women who

were planning on walking around the live music venues and capping off the evening by watching the fireworks. Also, just blocks from this event, in the church basement where I attended my first AA meeting, there was a big New Year's Eve "alkathon." I had 55 days in recovery that first sober New Year's Eve. I was surrounded all evening by a plethora of alcohol-free options and, most importantly, many incredible, sober women in the Fellowship.

Today, I have eight years of sobriety. I try to live my sober life in keeping with a statement in the Big Book: "Assuming we are spiritually fit, we can do all sorts of things alcoholics are not supposed to do."

For me, being spiritually fit means having a sponsor who takes me through the Steps. It means sponsoring other alcoholics in AA. It means I have a home group

and a service position, and surround myself with sober women who are incredibly dedicated to recovery.



-- D.K., St. Louis, Mo.

Reprinted with permission AA Grapevine From the January 2020 magazine.



I believe I am—as are we all—endowed with a powerful Truth that can potentially envelop our false ego that tells us to drink. The Big Book tags it as: "The Great Reality deep within." (p. 55) Some think of this spirit as "Soul" or "God Self." This True Self has the benevolent potentiality to encompass and overcome our false ego-driven self. This Great Reality could be thought of as an OVERSELF, if you will. However, this remarkable blessing is manifested only so long as alcoholics remain in a fit spiritual condition. (p. 85)

It has become AA cliché: "An alcoholic cannot drink on the truth-only on a lie." My false self usually believes what it wants to believe regardless of anything that stands in the way of that first drink—it has the unique capacity to believe a lie, even when it knows it's a lie. The Big Book calls this: "alcoholic insanity." (p. 9) For me, this resulted in twenty-four unsuccessful years of 'quitting drinking forever.'

However, after a year or so of living in the spirit of the Twelve Steps, this Great Reality (0verself) magically enveloped (ate) my false ego self. Now drinking alcohol no longer remains in my emotional vocabulary! Seemingly gone! As the Tenth Step promise, promises: The problem (mental obsession) has been removed! (p. 85) (Removed yes, but still lurking!)

Possible explanation: Just as darkness cannot penetrate the light, a lie (mental obsession) cannot penetrate the Truth. In a word: "The True Self gobbles up the false self and sets us free."

Bob S., Richmond, IN



Wilwaukee Central Office ospring Thing 2020 OPEN MEETING

to be held at:

Milwaukee Elk's Lodge #46 5555 W Good Hope Rd Milwaukee WI 53223

Saturday April 18, 2020

Hospitality: 5:30 p.m. Buffet Dinner: 6:00 p.m.

AA Speaker: T.B.A. 7:30 p.m.

Tickets (round tables of 8) on sale Soon.

Buffet Menu Includes: Broasted Chicken, Baked Cod, Parsley Potatoes, Vegetable Medley, Pasta Salad, Tossed Salad, Dinner Rolls, Cake, Coffee, Milk.

Tickets by mail, \$25.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/Maste	erCard/Discover, include all ne	cessary information.
Card Number	Expiratio	n Date /
Name	Phone	CVC#
Address		Zip Code
E-mail Address:		
Number of ticketsX \$25.00	=\$	
Tax deductible donation to		ing is assigned by table. If you
Greater Milwaukee Central Office	T 0	t to sit with your friends, please your tickets together. Tables
Check or Credit Card Total	VALUE 1984	top rounds.

"Cut-off date for tickets Friday April 10, 2020"

Sixth Annual "Crooked Retreat" Women's AA and Alanon







BALANCE is this year's theme

WATERTOWN, WI. 53094

JANUARY

24 - 26, 2020

The retreat is Friday evening through Sunday noon.

The Redemptorist Retreat Center, on beautiful Crooked Lake, is a place to rest, reflect, and nurture your spirituality.

1800 N Timber Trail Lane
Oconomowoc, Wisconsin

Join us for contemplation, support, and activities such as art projects, games, and yoga, as you wish, while lodging in a single room for two nights, and enjoying 6 meals, with 24/7 coffee & tea service.

REGISTRATION FEE: \$200 TOTAL DUE 1-24-20

Partial scholarships are available.

I will add \$______to the scholarship fund. \$75 non-refundable deposit required by 1-10-20 Questions?

gentlehandsjude@me.com



2020 WOMEN'S CROOKED RETREA	TREGISTRATION.	AA	ALANON	_OTHER
NAME:				
ADDRESS:	PHONE:			
CITY, STATE, ZIP:	EMAIL:			
PLEASE SPECIFY ANY MEDICAL, A	CCOMMODATION, OF	DIETARY		
NEEDS:	SPEAKER,	OTHER		